

NorWesters T&F Club
Hy-Tek's MEET MANAGER 8:11 PM 22/10/2008

Frank Reynolds Memorial Cross-Country Meet - 18/10/2008
Cates Park, North Vancouver

Results

Event 1 Boys 8-9 1500 Meter Run CC 1.5K 2xA +C

| Name | Year | Team | Seed | Finals | Points |
|---------------------------|------|---------------------|------|---------|--------|
| 1 Harrison, Joel | 99 | Langley Mustangs | | 6:13.06 | |
| 2 Bueckert, Max | 99 | Southridge School | | 6:19.25 | |
| 3 Nobbs, Thomas | 99 | Vancouver Olympi | | 6:20.22 | |
| 4 Robinson, Liam | 99 | Unattached | | 6:28.43 | |
| 5 Kattler, Tyler | 99 | Collingwood School | | 6:47.43 | |
| 6 Pope, Christopher | 99 | Southpoint Academy | | 6:49.41 | |
| 7 Cunningham, Lane | 99 | West Point Grey | | 6:50.16 | |
| 8 Buckingham, Paul | 99 | Langley Mustangs | | 6:56.78 | |
| 9 vonDadelszen, Piers | 00 | St. George's School | | 6:59.45 | |
| 10 Sillars, Spencer | 99 | Universal Athletics | | 7:00.88 | |
| 11 Winthrow, Dustin | 00 | Southridge School | | 7:04.76 | |
| 12 Gupta, Max | 99 | St. George's School | | 7:07.73 | |
| 13 Coleman, Alec | 00 | Collingwood School | | 7:08.82 | |
| 14 Vavasour, Zachary | 99 | West Point Grey | | 7:13.70 | |
| 15 Osterwalder, R.J. | 99 | West Point Grey | | 7:14.20 | |
| 16 Carson, Frank | 99 | Southpoint Academy | | 7:14.73 | |
| 17 Talylor, Trristan | 00 | St. George's School | | 7:16.20 | |
| 18 Graham, Jack | 99 | Collingwood School | | 7:16.80 | |
| 19 Marsden, Jim | 99 | Southpoint Academy | | 7:19.25 | |
| 20 Coleman, Edward | 99 | Collingwood School | | 7:20.71 | |
| 21 Elliott, Cy | 99 | Vancouver Thunde | | 7:22.80 | |
| 22 Tuck, Denis | 00 | Collingwood School | | 7:26.18 | |
| 23 Ruiz de la Pena, Tomas | 99 | Norwesters Track | | 7:26.66 | |
| 24 Donnelly, Ethan | 00 | Southridge School | | 7:34.16 | |
| 25 Bustos, Duncan | 00 | Collingwood School | | 7:36.07 | |
| 26 Hall, Spencer | 99 | West Point Grey | | 7:39.67 | |
| 27 Radelet, Luc | 00 | Vancouver Olympi | | 7:40.65 | |
| 28 Martinez, Oliver | 00 | West Point Grey | | 7:50.92 | |
| 29 Lloyd, Cooper | 00 | Collingwood School | | 7:51.65 | |
| 30 McCauley, Jay | 99 | West Point Grey | | 7:54.09 | |
| 31 Gilberg, Jonathan | 99 | West Point Grey | | 7:55.26 | |
| 32 Farncomb, Evan | 99 | Collingwood School | | 7:59.94 | |
| 33 Razak, Azahir | 99 | West Point Grey | | 8:02.37 | |
| 34 Ho, Ethan | 99 | West Point Grey | | 8:02.78 | |
| 35 Kerfoot, Daniel | 99 | Collingwood School | | 8:06.55 | |
| 36 Lucke, Ethan | 00 | Collingwood School | | 8:09.36 | |
| 37 Boughen, Christopher | 00 | Southridge School | | 8:10.47 | |
| 38 Hipp, Brendan | 99 | Saint Johns | | 8:11.43 | |
| 39 Waterman, Erik | 00 | Collingwood School | | 8:15.82 | |
| 40 Hodgins, Angus | 99 | Southpoint Academy | | 8:26.85 | |
| 41 Butler, Liam | 99 | West Point Grey | | 8:38.56 | |
| 42 Brainard, Aiden | 99 | West Point Grey | | 8:43.78 | |
| 43 Caer, Corentin | 00 | Collingwood School | | 8:52.97 | |
| 44 O'Hearn, Tsutomu | 99 | West Point Grey | | 9:03.75 | |
| 45 Nuraney, Iiahyas | 00 | Southridge School | | 9:05.27 | |
| 46 Campbell, Matthew | 99 | West Point Grey | | 9:08.03 | |
| 47 Anthony, Mark | 99 | Blessed Sacrament | | 9:21.72 | |

Event 2 Girls 8-9 1500 Meter Run CC 1.5K 2xA +C

| Name | Year Team | Seed | Finals | Points |
|-------------------------|-----------------------|------|----------|--------|
| 1 Forsyth, Marie-Louise | 99 Vancouver Thunde | | 6:27.85 | |
| 2 Samson, Megan | 99 Ocean Athletics | | 6:28.32 | |
| 3 Knowles, Kasey | 99 Unattached | | 6:28.79 | |
| 4 Ginther, Georgia | 99 Ocean Athletics | | 6:52.53 | |
| 5 Rastad, Emma | 99 Collingwood School | | 6:59.16 | |
| 6 Pringle, Madeleine | 99 West Point Grey | | 6:59.97 | |
| 7 Sim, Jenna | 99 Norwesters Track | | 7:05.16 | |
| 8 Mackenzie, Meaghan | 99 Southpoint Academy | | 7:08.40 | |
| 9 LaPointe, Annelise | 99 Excelerator | | 7:13.91 | |
| 10 Morrison, Hannah | 99 Saint Johns | | 7:16.52 | |
| 11 Kirsh, Leah | 99 Crofton House Sc | | 7:20.39 | |
| 12 Toy, Katherine | 00 Southridge School | | 7:35.31 | |
| 13 Anderson, Tyra | 00 Southridge School | | 7:38.95 | |
| 14 Gjervan, Sophia | 99 York House School | | 7:39.99 | |
| 15 Hung, Lauren | 99 Crofton House Sc | | 7:46.93 | |
| 16 Kwan, WooJoo | 99 Southridge School | | 7:47.40 | |
| 17 Papic, Amanda | 99 Crofton House Sc | | 7:48.99 | |
| 18 Skuce, Mackenzie | 00 York House School | | 7:50.23 | |
| 19 Diamond, Sarah | 99 West Point Grey | | 7:51.33 | |
| 20 Schreier, Emerald | 99 Ocean Athletics | | 7:52.86 | |
| 21 Doe 1, Jane | 99 Unattached | | 7:53.56 | |
| 22 Doe 2, Jane 2 | 99 Unattached | | 7:54.12 | |
| 23 Lindsey, Charlotte | 99 York House School | | 7:56.89 | |
| 24 Dodd, Hannah | 99 West Point Grey | | 8:00.48 | |
| 25 Tsai, Audrey | 99 Saint Johns | | 8:06.90 | |
| 26 Park, Christine | 99 West Point Grey | | 8:10.43 | |
| 27 Johnston, Gabrielle | 99 Collingwood School | | 8:12.71 | |
| 28 Chowscano, Helena | 00 Collingwood School | | 8:14.08 | |
| 29 Paquette, Julia | 99 West Point Grey | | 8:14.94 | |
| 30 McNab, Pia | 99 West Point Grey | | 8:17.00 | |
| 31 Delaney, Roisin | 99 West Point Grey | | 8:18.00 | |
| 32 Atkinson, Kira | 99 Crofton House Sc | | 8:19.60 | |
| 33 Tosefky, Kira | 99 York House School | | 8:21.60 | |
| 34 Chow, Kaileigh | 99 Crofton House Sc | | 8:24.82 | |
| 35 Lloyd, Natalie | 00 Collingwood School | | 8:31.55 | |
| 36 Galbraith, Caitlan | 00 West Point Grey | | 8:32.34 | |
| 37 Chow, Kaitlan | 99 Crofton House Sc | | 8:32.81 | |
| 38 Bossley, Alexa | 00 Collingwood School | | 8:36.91 | |
| 39 Monk, Sophie | 00 Saint Johns | | 8:42.28 | |
| 40 Szybinka, Chloe | 00 Collingwood School | | 8:42.84 | |
| 41 Teoli, Mira | 00 Blessed Sacrament | | 8:44.20 | |
| 42 Connell, Madison | 99 Collingwood School | | 8:50.84 | |
| 43 Andruschuk, Lily | 99 Crofton House Sc | | 8:56.38 | |
| 44 Li, Many | 99 Crofton House Sc | | 8:57.10 | |
| 45 Murchie, Sarah | 99 Southridge School | | 8:57.76 | |
| 46 Tsow, Rebecca | 99 Crofton House Sc | | 8:58.47 | |
| 47 Kitchen, Mallory | 99 York House School | | 9:18.66 | |
| 48 Ryan, Jessica | 99 Collingwood School | | 9:20.29 | |
| 49 Swart, Marna | 99 York House School | | 9:22.89 | |
| 50 Bugeja, Emily | 99 Collingwood School | | 9:29.37 | |
| 51 Cook, Justine | 00 Collingwood School | | 9:31.66 | |
| 52 Moxham, Lindy | 99 West Point Grey | | 9:37.86 | |
| 53 Sam, Oceana | 99 Collingwood School | | 9:55.37 | |
| 54 Madan, Gitanjali | 99 West Point Grey | | 9:58.45 | |
| 55 Border, Morgan | 00 Collingwood School | | 9:58.78 | |
| 56 Yee, Tiffany | 00 Collingwood School | | 10:06.33 | |
| 57 Kerfoot, Soleil | 00 Collingwood School | | 10:07.68 | |
| 58 Gordon, Caitlin | 00 Collingwood School | | 10:50.03 | |
| 59 Garnett, Nevada | 00 York House School | | 10:54.11 | |

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|-------------------------|-----------------------|----------|
| 60 Leiterman Joy, Clara | 00 York House School | 10:55.47 |
| 61 Mayan, Parvin | 99 Collingwood School | 10:56.12 |

Event 3 Boys 10 Year Olds 2100 Meter Run CC 2.1K 2xLoopB

| Name | Year Team | Seed | Finals | Points |
|---------------------------|------------------------|------|----------|--------|
| 1 Fletcher, Jordan | 98 Langley Mustangs | | 7:32.62 | |
| 2 Galbraith, Andrew | 98 West Point Grey | | 8:20.83 | |
| 3 Stewart-Barnett, Fraser | 98 Royal City | | 8:31.74 | |
| 4 Pitbaldo, Owen | 98 St. George's School | | 8:32.26 | |
| 5 Ouillet, Axel | 98 St. George's School | | 8:43.98 | |
| 6 Baraba, Harry | 98 Royal City | | 8:46.27 | |
| 7 Huskisson, Grady | 98 Bowen Island Gym | | 8:48.80 | |
| 8 Elliott, Max | 98 St. George's School | | 8:49.62 | |
| 9 Bohlman, Nikhil | 98 Vancouver Thunde | | 8:55.98 | |
| 10 Uryga, Alex | 98 Norwesters Track | | 9:02.13 | |
| 11 Matheson, Keegan | 98 St. George's School | | 9:10.44 | |
| 12 Blomberg, Peter | 98 Bowen Island Gym | | 9:13.14 | |
| 13 Brainard, Austin | 98 Saint Johns | | 9:39.12 | |
| 14 Carlson, Ethan | 98 Langley Mustangs | | 9:39.76 | |
| 15 Yamaoka, Zachary | 98 Collingwood School | | 10:06.36 | |
| 16 Kuntjoro, Gregory | 98 West Point Grey | | 10:08.81 | |
| 17 Hadley, Luke | 98 Vancouver Thunde | | 11:17.37 | |

Event 4 Girls 10 Year Olds 2100 Meter Run CC 2.1K 2xLoopB

| Name | Year Team | Seed | Finals | Points |
|--------------------------|-----------------------|------|----------|--------|
| 1 Greer, Julia | 98 Ocean Athletics | | 8:10.63 | |
| 2 Brougham, Katie | 98 Bowen Island Gym | | 8:58.72 | |
| 3 Bekar, Kiana | 98 Ocean Athletics | | 9:00.75 | |
| 4 Cho, Samantha | 98 Vancouver Olympi | | 9:02.76 | |
| 5 Merkt-Caprile, Kirstie | 98 Unattached | | 9:04.06 | |
| 6 Moonje, Sarah | 98 Crofton House Sc | | 9:52.14 | |
| 7 Chambers, Lucy | 98 West Point Grey | | 10:08.09 | |
| 8 Scragg, Katlan | 98 Crofton House Sc | | 10:13.01 | |
| 9 Bondy, Suraya | 98 West Point Grey | | 10:13.82 | |
| 10 Martin, Hannah | 98 York House School | | 10:18.53 | |
| 11 Zhou, Sherry | 98 Crofton House Sc | | 10:24.22 | |
| 12 Cuglietta, Maria | 98 West Point Grey | | 10:38.75 | |
| 13 Lindsey, Julia | 98 York House School | | 10:53.27 | |
| 14 Lim, Tamara | 98 Crofton House Sc | | 10:55.44 | |
| 15 Wong, Christina | 98 York House School | | 11:04.12 | |
| 16 Papic, Jennifer | 98 Crofton House Sc | | 11:07.32 | |
| 17 Hwang, Jimin | 98 Collingwood School | | 11:11.43 | |
| 18 Shannon, Aimee | 98 Excelerator | | 11:28.13 | |
| 19 Chang, Madeleine | 98 West Point Grey | | 11:40.29 | |
| 20 Fiorante, Isabella | 98 York House School | | 11:49.23 | |
| 21 Chapman, Fiona | 98 York House School | | 11:50.32 | |
| 22 Aujla, Navkiran | 98 York House School | | 13:33.85 | |

Event 5 Boys 11 Year Olds 2100 Meter Run CC 2.1K 2xLoopB

| Name | Year Team | Seed | Finals | Points |
|-------------------|------------------------|------|---------|--------|
| 1 knowles, russel | 97 Unattached | | 7:57.18 | |
| 2 Sim, Kayden | 97 Norwesters Track | | 7:59.35 | |
| 3 Kirsch, Ben | 97 St. George's School | | 8:00.03 | |
| 4 Reta, Jamal | 97 New West Spartans | | 8:00.68 | |
| 5 Menzies, Philip | 97 St. George's School | | 8:11.90 | |
| 6 Moy, Roderick | 97 West Point Grey | | 8:12.96 | |

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|----|----------------------|------------------------|----------|
| 7 | Hooton, Nick | 97 Norwesters Track | 8:32.17 |
| 8 | Chow, Keith | 97 Vancouver Thunde | 8:40.03 |
| 9 | Bill, Lucas | 97 Norwesters Track | 8:45.99 |
| 10 | Sillars, Brandon | 97 Universal Athletics | 8:59.03 |
| 11 | Forsythe, Connor | 97 Kajaks Track and | 9:07.14 |
| 12 | Mitchell, Colin | 97 Vancouver Thunde | 9:59.22 |
| 13 | Montanarella, Pietro | 97 Vancouver Thunde | 10:06.36 |
| 14 | Chow, Kennedy | 97 St. George's School | 10:19.28 |
| 15 | Janzen, Lewis | 97 Saint Johns | 10:20.89 |
| 16 | Pringle, Lachlan | 97 St. George's School | 11:02.90 |
| 17 | Hodgins, Declan | 97 Southpoint Academy | 11:26.17 |
| 18 | Mackenzie, Rob Roy | 97 Southpoint Academy | 11:32.02 |
| 19 | Grosvenor, Will | 97 West Point Grey | 11:40.56 |

Event 6 Girls 11 Year Olds 2100 Meter Run CC 2.1K 2xLoopB

| Name | Year Team | Seed | Finals | Points |
|------|-------------------------|-----------------------|----------|--------|
| 1 | Cho, Stephanie | 97 Vancouver Olympi | 8:23.44 | |
| 2 | Hanson, Jessica | 97 Vancouver Olympi | 8:24.86 | |
| 3 | Chevrier, Nicole | 97 Langley Mustangs | 9:00.53 | |
| 4 | Weaver, Katie | 97 Norwesters Track | 9:14.24 | |
| 5 | Freeman, Gabby | 97 West Point Grey | 9:16.26 | |
| 6 | Goh, Esther | 97 York House School | 9:21.49 | |
| 7 | Johnston, Lauren | 97 Collingwood School | 9:23.59 | |
| 8 | Kasa, Emily | 97 West Point Grey | 9:25.13 | |
| 9 | Goelz, Sarah | 97 West Point Grey | 9:26.03 | |
| 10 | Teti, Sienna | 97 West Point Grey | 9:35.03 | |
| 11 | Lau, Jennifer | 97 Crofton House Sc | 9:39.46 | |
| 12 | Moonje, Nicola | 97 Crofton House Sc | 10:15.19 | |
| 13 | Murphy, Ashley | 97 Bowen Island Gym | 10:36.43 | |
| 14 | Gjervan, Olivia | 97 York House School | 10:37.46 | |
| 15 | Walwyn, Megan | 97 York House School | 10:38.29 | |
| 16 | Yang, Rachel | 97 Saint Johns | 11:11.32 | |
| 17 | Von Dadleszen, Emma | 97 Crofton House Sc | 11:13.34 | |
| 18 | Callison-Hanna, Shesley | 97 West Point Grey | 11:16.25 | |
| 19 | Vargas, Kayla | 97 Blessed Sacrament | 11:29.46 | |
| 20 | Keung, Jasmine | 97 Crofton House Sc | 11:32.48 | |
| 21 | Deol, Manpreet | 97 York House School | 11:37.48 | |

Event 7 Boys 12 Year Olds 3k Run CC 3.0 B+A+C

| Name | Year Team | Seed | Finals | Points |
|------|-------------------|------------------------|----------|--------|
| 1 | Galbraith, James | 96 West Point Grey | 11:25.97 | |
| 2 | Goh, Daniel | 96 St. George's School | 11:32.87 | |
| 3 | WaRD, Santiago | 96 New West Spartans | 11:44.79 | |
| 4 | Gaio, Christopher | 96 Kajaks Track and | 12:04.88 | |
| 5 | Donahoe, Colin | 96 Royal City | 12:35.32 | |
| 6 | Kawabata, Michiru | 96 Collingwood School | 13:37.71 | |
| 7 | Carlson, Elliott | 96 Langley Mustangs | 13:50.14 | |
| 8 | Janzen, Oscar | 96 Saint Johns | 14:39.72 | |

Event 8 Girls 12 Year Olds 3k Run CC 3.0 B+A+C

| Name | Year Team | Seed | Finals | Points |
|------|-------------------|----------------------|----------|--------|
| 1 | Cannon, Cassie | 96 Vancouver Olympi | 12:05.74 | |
| 2 | Ross, Sarya | 96 Valley Royals | 12:12.63 | |
| 3 | Brainard, Madison | 96 York House School | 12:38.04 | |
| 4 | Folick, Olivia | 96 Crofton House Sc | 12:54.81 | |

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|----|--------------------|----------------------|----------|
| 5 | Berringer, Heather | 96 Vancouver Olympi | 12:55.57 |
| 6 | Wong, Madison | 96 Vancouver Thunde | 14:05.75 |
| 7 | Pitbaldo, Caitlan | 96 York House School | 14:09.02 |
| 8 | Templeman, Kirsten | 96 West Point Grey | 14:10.98 |
| 9 | Ouillet, Cecile | 96 York House School | 14:17.84 |
| 10 | Blomberg, Maia | 96 Bowen Island Gym | 14:40.65 |
| 11 | Tan, Maddy | 96 Crofton House Sc | 14:49.23 |
| 12 | Brougham, Callie | 96 Bowen Island Gym | 15:10.99 |

Event 9 Boys 13 Year Olds 3k Run CC 3.0 B+A+C

| Name | Year Team | Seed | Finals | Points |
|------|-------------------------|----------------------|----------|--------|
| 1 | Miles, James | 95 West Vancouver T | 10:59.53 | |
| 2 | Lapointe, Carsten | 95 Excelerator | 11:23.58 | |
| 3 | Kenner, Logan | 95 New West Spartans | 11:28.03 | |
| 4 | Knechtel, Trevor | 95 Vancouver Thunde | 11:30.52 | |
| 5 | Reta, Johannes | 95 New West Spartans | 13:27.97 | |
| 6 | Butler, Alex | 95 Ocean Athletics | 13:35.48 | |
| 7 | Korzuchowski, Alexander | 95 New West Spartans | 14:27.80 | |

Event 10 Girls 13 Year Olds 3k Run CC 3.0 B+A+C

| Name | Year Team | Seed | Finals | Points |
|------|------------------|-----------------------|----------|--------|
| 1 | Ginther, Ally | 95 Ocean Athletics | 11:46.31 | |
| 2 | Dobie, Rita | 95 Ocean Athletics | 12:28.94 | |
| 3 | Shannon, Robynne | 95 Unattached | 12:49.39 | |
| 4 | Lazecki, Natasha | 95 Royal City | 13:12.30 | |
| 5 | Pope, Mallory | 95 Southpoint Academy | 13:21.35 | |
| 6 | LePard, Heather | 95 Vancouver Olympi | 13:48.25 | |

Event 11 Boys 14 Year Olds 4200 Meter Run CC 4.2 2 x B

| Name | Year Team | Seed | Finals | Points |
|------|-------------------|---------------------|----------|--------|
| 1 | Gravel, Christian | 94 Vancouver Thunde | 16:06.82 | |
| 2 | Moore, Gaelen | 94 Vancouver Thunde | 16:18.54 | |

Event 12 Girls 14 Year Olds 4200 Meter Run CC 4.2K 2xB

| Name | Year Team | Seed | Finals | Points |
|------|-------------------|---------------------|----------|--------|
| 1 | Cronkhite, Amanda | 94 Vancouver Thunde | 16:56.35 | |
| 2 | Bill, Alexandra | 94 Norwesters Track | 17:58.84 | |
| 3 | Sylvester, Maggie | 94 Royal City | 20:07.36 | |
| 4 | Dixon, Hannah | 94 Royal City | 22:03.04 | |

Event 13 Girls 15 Year Olds 4200 Meter Run CC 4.2K 2xB

| Name | Year Team | Seed | Finals | Points |
|------|-------------------------|------------------------|----------|--------|
| 1 | Marquis, Jessica | 93 Unattached | 17:36.51 | |
| 2 | Hawkins, Julia | 93 West Vancouver T | 18:12.62 | |
| 3 | Dykstra-Santos, Yolande | 93 Ocean Athletics | 18:47.16 | |
| 4 | Debrincat, Austin | 93 Universal Athletics | 20:06.99 | |

Event 14 Girls 16-17 4200 Meter Run CC 4.2K 2xB

| Name | Year Team | Seed | Finals | Points |
|--------------------------|---------------------|------|----------|--------|
| 1 McKinnon, Katie | 92 Langley Mustangs | | 16:49.22 | |
| 2 Butterworth, Lindsey | 92 Norwesters Track | | 17:16.49 | |
| 3 Poirier-Hardy, Jocelyn | 92 Norwesters Track | | 18:28.80 | |
| 4 Li, Valerie | 92 Norwesters Track | | 19:30.16 | |

Event 16 Women 20-34 6300 Meter Run CC 6.3K 3xB

| Name | Year Team | Seed | Finals | Points |
|--------------------|---------------|------|----------|--------|
| 1 Forsman, Karen | 86 Unattached | | 25:28.21 | |
| 2 Bennet, Michaela | 88 Semiahmoo | | 30:02.00 | |

Event 17 Women 35-39 6300 Meter Run 6.3K 3xB

| Name | Year Team | Seed | Finals | Points |
|------------------|--------------------|------|----------|--------|
| 1 Vlahovic, Jeni | 73 Lions Gate Road | | 33:09.00 | |

Event 17 Women 40-44 6300 Meter Run 6.3K 3xB

| Name | Year Team | Seed | Finals | Points |
|------------------|--------------------|------|----------|--------|
| 1 Bezdan, Jeanie | 64 Ocean Athletics | | 24:55.64 | |

Event 17 Women 45-49 6300 Meter Run 6.3K 3xB

| Name | Year Team | Seed | Finals | Points |
|-------------------|---------------|------|----------|--------|
| 1 Robson, Angela | 59 Unattached | | 33:12.00 | |
| 2 Andrews, Judith | 59 Unattached | | 36:18.55 | |

Event 17 Women 50-54 6300 Meter Run 6.3K 3xB

| Name | Year Team | Seed | Finals | Points |
|---------------------|------------------------|------|----------|--------|
| 1 Zimich, Barb | 56 Unattached | | 29:22.22 | |
| 2 O'Grady, Kathryn | 57 Phoenix Roadrunners | | 29:42.00 | |
| 3 Pritchard, Ranada | 57 Unattached | | 38:29.89 | |

Event 17 Women 75-79 6300 Meter Run 6.3K 3xB

| Name | Year Team | Seed | Finals | Points |
|----------------------|---------------|------|----------|--------|
| 1 Montgomery, Lenore | 30 Unattached | | 29:52.00 | |

Event 18 Boys 15 Year Olds 4200 Meter Run CC 4.2K 2xB

| Name | Year Team | Seed | Finals | Points |
|-----------------|----------------------|------|----------|--------|
| 1 Brown, Dennis | 93 Ocean Athletics | | 14:39.30 | |
| 2 Bruchet, Jake | 93 Ocean Athletics | | 14:39.68 | |
| 3 Miles, Austin | 93 West Vancouver T | | 14:45.11 | |
| 4 Rajala, Devin | 93 Norwesters Track | | 15:10.65 | |
| 5 Nizamani, Ali | 93 New West Spartans | | 15:12.03 | |

Event 19 Boys 16-17 6300 Meter Run CC 6.3K 3xB

| Name | Year Team | Seed | Finals | Points |
|----------------------|---------------------|------|----------|--------|
| 1 Bill, Simon | 92 Norwesters Track | | 22:48.40 | |
| 2 Begin-Nose, Pascal | 92 Excelerator | | 26:10.71 | |
| -- Phillips, David | 92 Vancouver Thunde | | FS | |

Event 20 Men 18-19 6300 Meter Run CC 6.3K 3xB

| Name | Year Team | Seed | Finals | Points |
|-------------------|--------------------|------|----------|--------|
| 1 Butler, Michael | 90 Ocean Athletics | | 25:12.65 | |

Event 21 Men 20-34 6300 Meter Run CC 6.3K 3xB

| Name | Year Team | Seed | Finals | Points |
|--------------------|---------------|------|----------|--------|
| 1 Cunningham, Brad | 75 Unattached | | 20:46.36 | |
| 2 Ryan, Denis | 81 Unattached | | 21:46.50 | |

....Event 21 Men 20-34 6300 Meter Run CC 6.3K 3xB

| | | | | |
|-----------------|---------------------|--|----------|--|
| 3 Wood, Nate | 80 Unattached | | 23:10.54 | |
| 4 Ellis, Ryan | 79 Kajaks Track and | | 24:00.02 | |
| 5 Olson, Ryan | 76 Unattached | | 25:32.98 | |
| 6 Oschitwa, Wes | 77 Kajaks Track and | | 25:58.04 | |

Event 22 Men 35-39 6300 Meter Run 6.3K 3xB

| Name | Year Team | Seed | Finals | Points |
|----------------|---------------|------|----------|--------|
| 1 Murphy, Mike | 71 Unattached | | 23:03.49 | |

Event 22 Men 40-44 6300 Meter Run 6.3K 3xB

| Name | Year Team | Seed | Finals | Points |
|--------------------|---------------|------|----------|--------|
| 1 Cantwell, Walter | 68 Unattached | | 22:35.67 | |
| 2 Petterson, Shawn | 67 Unattached | | 24:48.62 | |
| 3 Cormier, Denis | 68 Unattached | | 25:28.72 | |
| 4 Brougham, John | 64 Unattached | | 26:10.71 | |
| 5 Bennett, Gary | 67 Semiahmoo | | 42:24.88 | |

Event 22 Men 45-49 6300 Meter Run 6.3K 3xB

| Name | Year Team | Seed | Finals | Points |
|-------------------|----------------------|------|----------|--------|
| 1 Tinkham, Norman | 63 Unattached | | 15:23.51 | |
| 2 Moon, Mike | 61 Unattached | | 22:31.57 | |
| 3 Hawker, Ernest | 62 Vancouver Falcons | | 23:58.60 | |
| 4 Eso, James | 59 Semiahmoo | | 29:48.33 | |

Event 22 Men 50-54 6300 Meter Run 6.3K 3xB

| Name | Year Team | Seed | Finals | Points |
|---------------------|--------------------|------|----------|--------|
| 1 Lang, Rob | 56 Unattached | | 23:44.08 | |
| 2 Gordon, Rae | 54 Lions Gate Road | | 25:14.39 | |
| 3 Haag, Rob | 56 Unattached | | 26:22.15 | |
| 4 Antepyan, Raffi | 58 Unattached | | 27:07.47 | |
| 5 MacDougall, Wayne | 55 Unattached | | 28:59.64 | |
| 6 Nose, Lance | 56 Excelerator | | 29:01.90 | |
| 7 Barrett, Nigel | 56 Semiahmoo | | 30:32.12 | |

Event 22 Men 55-59 6300 Meter Run 6.3K 3xB

| Name | Year Team | Seed | Finals | Points |
|------------------|---------------------|------|----------|--------|
| 1 Hosford, Steve | 50 Kajaks Track and | | 24:37.64 | |

Event 22 Men 60-64 6300 Meter Run 6.3K 3xB

| Name | Year Team | Seed | Finals | Points |
|----------------------|---------------|------|----------|--------|
| 1 Wood, Paul | 48 Unattached | | 27:57.65 | |
| 2 Hastie, Tom | 46 Semiahmoo | | 28:04.97 | |
| 3 Steininger, Bernie | 46 Unattached | | 33:50.27 | |

Event 22 Men 65-69 6300 Meter Run 6.3K 3xB

| Name | Year Team | Seed | Finals | Points |
|------------------|---------------|------|----------|--------|
| 1 Phillips, Herb | 40 Unattached | | 25:24.66 | |
| 2 Daniel, Rob | 39 Unattached | | 36:09.01 | |

Event 22 Men 70-74 6300 Meter Run 6.3K 3xB

| Name | Year Team | Seed | Finals | Points |
|--------------------|---------------------|------|----------|--------|
| 1 Roufousse, Roger | 34 Semiahmoo | | 32:09.93 | |
| 2 Boxall, Ken | 38 Unattached | | 40:15.75 | |
| 3 Agnew, George | 38 Kajaks Track and | | 41:14.34 | |